

FITNESS CENTER RULES & REGULATIONS

HOURS OF OPERATION, Monday – Friday 7:00 a.m.- 7:00 p.m., Saturday 8:00 a.m.- 1:00 p.m.

- A. No guests will be permitted to use the Fitness Center. All Members must have a pre-authorized keycard to enter the Fitness Center. A pre-authorized keycard shall not be issued to a prospective Member until receipt by Landlord or its authorized agent for the Fitness Center (collectively, the "Management") of the signed waiver for use of the Fitness Center by such Member.
- B. Members are not allowed to be in the Fitness Center other than the hours designated by Management from time-to-time. Management shall have the right to alter the hours of use of the Fitness Center, at Management's sole discretion.
- C. All Members shall use the Fitness Center, any and all equipment and participate in any exercise, program or class at their own risk.
- D. Those Members with medical conditions such as high blood pressure, heart disease, respiratory problems or any other conditions or situations which may make any form of exercise dangerous to one's health, such as pregnancy or medication(s), must consult with and receive consent from their physician prior to joining and/or using the Fitness Center.
- E. If any Member feels faint, dizzy, sick, experiences pain and/or has difficulty breathing while using the Fitness Center, such Member shall immediately stop the activity and cool down. In the event such Member does not feel better, he/she promptly shall call 911 for assistance.
- F. In the event a Member notices any faulty or malfunctioning equipment, hazardous conditions, situations, or safety concerns, while using the Fitness Center for any reason, such Member shall report the situation to the Management or building staff personnel immediately.
- G. Individual membership keycards to the Fitness Center shall not be shared and shall only be used by the individual such keycard was issued to. Failure to abide by this rule may result in immediate termination of such Member's right to use the Fitness Center.
- H. Members agree to keep the Fitness Center in a neat and orderly fashion, including, but not limited to, wiping all equipment after use.
- I. Members shall not store anything in the Fitness Center, except to the extent temporarily stored in the locker rooms during the Members' use of the Fitness Center.
- J. No smoking, alcoholic beverages or glassware is allowed in or around the Fitness Center at any time.
- K. Appropriate exercise attire is required at all times. Exercise clothes are not to be worn outside of the Fitness Center area.
- L. Members agree to read equipment instructions prior to use of any fitness equipment.
- M. All personal articles shall be removed upon completion of the Member's workout.
- N. Children under the age of 18 are expressly prohibited from entering the Fitness Center at any time.
- O. Member's membership shall terminate on the last day of Member's employment at the company listed on the preceding page, or at Management's discretion, may be terminated upon Member's infringement of any of the Rules & Regulations listed herein.
- P. The membership fee to use the Fitness Center shall be at no cost.
- Q. Management reserves the right to change membership fees, alter Fitness Center hours of operation, or add, change or delete any of the Rules and Regulations of this Fitness Center as may from time to time be deemed necessary in the sole and absolute discretion of Management.